



The Kirk House
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Kirk House Granola

1/2 cup brown sugar
1/4 cup unsulphered molasses
1/4 cup honey
4 tablespoons canola oil

4 cups old fashioned rolled oats
1 cup dried cranberries (or cherries)
1 cup unblanched almonds
1/3 cup unsweetened coconut
1/3 cup sunflower seeds
1/4 cup wheat germ
1 cup walnuts
1/2 cup pecans
(Pumpkin seeds may also be added)

Mix first 4 ingredients in a small bowl. Microwave 1 1/2 minutes. Mix remaining ingredients in a very large bowl or pot. Stir in microwaved mixture and mix well. Spray two baking sheets with non-stick spray. Divide mixture in half. Spread on prepared baking sheets in an even layer. Bake at 325 degrees for 10 minutes. Stir mixture and spread evenly again. Bake an additional 10 minutes or until mixture is golden brown. Do not over cook. Cool on baking sheets. Crumble and store in air-tight container. Makes 8 cups.